

33rd Annual International Conference of the Indian Association of Palliative Care (IAPC)



Pre Conference Workshop: 12th February 2026

Conference: 13th - 15th February 2026

Venue- Sparsh Hospice

Organized by: Sparsh Hospice, Hyderabad & Basavatarakam Indo-American Cancer Hospital and Research Institute, Hyderabad

CBT Approaches in Palliative Care

Timing: 9:00 am to 01:00 pm

Minimum Participants: 25

Maximum Participants: 30

HIGHLIGHTS OF THE WORKSHOP

To understand Concepts of CBT in the context of palliative care.

To apply CBT for managing pain, anxiety and insomnia

Revisiting the domains of palliative care: Psychological care

CBT based approaches in improving Psychosocial care along the illness trajectory

Target Audience:

Psychologists, Counsellors, Social Workers

Faculty Details:

Workshop Coordinator : Dr KV Ganpathy

Workshop Faculty:

Dr Savita Goswami

Dr KV Ganpathy

Dr Sravannthi Maya







